AMENDMENTS TO THE CLAIMS:

1. (Currently Amended) A system for capturing high-speed motion, said system comprising:

a video camera; an infrared strobe light; a circuit connected to said video camera and said

infrared strobe light, said circuit configured to fire provide a pulse to said infrared strobe light as

a result of receiving a signal from said video camera in order to fire said infrared strobe light,

wherein the circuit is configured such that a width of the pulse is variable and is settable by a

user.

2. (Original) A system as recited in claim 1, wherein said circuit is configured to fire said

infrared strobe light as a result of receiving said signal from said video camera, after a delay

period.

3. (Original) A system as recited in claim 2, wherein said circuit is configured such that said

delay period is settable by a user.

4. (Original) A system as recited in claim 1, further comprising an infrared bandpass filter

over a lens of said video camera.

5. (Original) A system as recited in claim 1, wherein said infrared strobe light comprises a

light emitting diode (LED) strobe.

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6. (Original) A system as recited in claim 1, further comprising a video recorder connected

to said video camera.

7. (Original) A system as recited in claim 6, wherein the video recorder comprises a video

cassette recorder.

8. (Original) A system as recited in claim 6, wherein said video recorder has the ability to

play back in a single frame mode.

9. (Cancelled)

10. (Original) A system as recited in claim 1, wherein said circuit is configured to extract a

vertical synchronization pulse from the signal received from said video camera and use said

vertical synchronization pulse to provide a triggering signal to said infrared strobe light.

11. (Original) A system as recited in claim 10, wherein said circuit comprises a video input, a

buffer phase shifter circuit connected to said video input, a clamp circuit connected to said buffer

phase shifter circuit, a synchronization separator connected to said clamp circuit, a vertical pulse

separator connected to said synchronization separator, a variable delay single shot circuit

connected to said vertical pulse separator, a variable pulse width single shot circuit connected to

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said variable delay single shot circuit, and a trigger output connected to said variable pulse width

single shot circuit.

(Currently Amended) A method of using a system comprising a video camera, infrared 12.

strobe light, and a circuit to capture high-speed motion, said method comprising: connecting the

video camera and the infrared strobe light to the circuit; powering the video camera, infrared

strobe light and video camera; having the video camera provide a signal to the circuit; using the

circuit to set a variable pulse width of a pulse provided to the infrared strobe light; and having the

circuit fire provide the pulse to the infrared strobe light as a result of the circuit receiving the

signal from the video camera in order to fire the infrared strobe light; and playing the video back.

(Original) A method as recited in claim 12, wherein the step of having the circuit fire the 13.

infrared strobe light comprises having the circuit wait through a delay period before firing the

infrared strobe light.

14. (Original) A method as recited in claim 13, further comprising setting the delay period.

15. (Original) A method as recited in claim 12, further comprising employing an infrared

bandpass filter over a lens of the video camera.

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16. (Original) A method as recited in claim 12, further comprising connecting a video

recorder to the video camera.

17. (Original) A method as recited in claim 12, further comprising connecting a video

cassette recorder to the video camera.

18. (Cancelled)

19. (Original) A method as recited in claim 12, further comprising extracting a vertical

synchronization pulse from the signal received from the video camera and using the vertical

synchronization pulse to provide a triggering signal to the infrared strobe light.

20. (New) A system as recited in claim 1, wherein the circuit comprises a first manually-

operable control for setting the pulse and a second manually-operable control for setting a delay.

21. (New) A method as recited in claim 12, further comprising setting a first manually-

operable control of the circuit to set the pulse and setting a second manually-operable control of

the circuit to set a delay.

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